



HOW DOES IT WORK?

Microblading is a meticulous tattooing process available to anyone looking for a semi-permanent solution to sparse brows. A small blade is used to deposit ink throughout the brow area, in the upper layers of skin, resulting in a natural-looking filler that lasts anywhere from one to three years.

WHO IS A GOOD CANDIDATE FOR MICROBLADING?

The simple answer is, anyone that wants to have full, beautiful brows all day, every day! That would include busy parents or business people who don't have much time to apply brow makeup, active people who don't want to worry about sweating off makeup while working out or swimming, or any person who struggles with getting that perfect shape that the celebrities and YouTube makeup artists always seem to have. Other clients include those suffering from scarring, Trichotillomania, Alopecia and Cancer, or other diseases and disorders that have led to natural hair loss.

WHO IS NOT A GOOD CANDIDATE FOR MICROBLADING?

- Using Retinol/Retin-A products
- Allergy to Nickel (blade)
- Taking blood thinners
- Skin irritations near the area such as sunburn or Psoriasis
- Taking sun sensitizing medications
- Botox within last 2 weeks
- Accutane within last year
- History of keloid scarring
- Auto-immune deficiencies
- People suffering from severe acne

- Pregnant women
- Chemotherapy patients will need to check with their physician and provide a doctor's note
- People with conditions that cause them to bleed very easily (this impacts results)
- People with prior permanent makeup may not be good candidates. This is determined by consultation.

WHAT SHOULD I EXPECT?

Microblading is a TWO STEP process. The initial procedure is the foundation and the 4 – 6 week touch up is considered the perfection pass. After the initial brows are down, it is common for them to appear darker on days 2-3. This is NORMAL. This can be especially hard for fair skin/fair-haired clients. This will last a few days until the skin heals and peels and naturally exfoliates and the true color emerges.

During the first week it is typical to fade between 30 and 70 percent. This is normal. Scabs may form in order to heal, they may look even darker/thicker due to some swelling. In the second and third week you may think the ink strokes have turned fuzzy or even disappeared all together (this is due to the new skin forming over the treated area). Again, this is normal. The fourth week is where natural exfoliation has happened and the color emerges.

It is at the 4-6 week touch up where we address any concerns with fading or correction to shape. If any strokes have faded too much we can fix it. It is very important that you leave FACEit! Skin Spa with the brow YOU want. Every design is a collaboration and I look forward to working with you.

Twenty minutes LED LIGHT THERAPY is included with every Microblading appointment to promote healing for your brows. We use professional light panels by LightStim and have seen proven results of better ink retention and a much easier recovery process.



MICROBLADING CUSTOMER RECORD

(Please **PRINT** all information **IN INK**)

Name: _____
(Last) (First) (Middle initial)

Address: _____

City, State, Zip: _____

Phone #: _____ Cell#: _____

Email: _____

Date of Birth: _____ Sex: Male ____ Female ____

Emergency Contact Name: _____

Emergency Contact Phone # : _____

List any allergies you have, including allergies to medications and allergies to any product(s) used by this establishment:

List all medications and supplements you are currently taking:

Do you have a history of bleeding disorders? Yes ____ No ____

If yes, what type of disorder? _____

Are you taking blood thinners or are you on an aspirin regiment? Yes ____ No ____

Customer signature: _____ Date: _____

- *FACEit! Skin Spa must obtain a written notarized consent statement before tattooing a minor. If the minor is under the age of 16, the minor also must be accompanied by a parent or legal guardian.*



Microblading Procedure Review Form

Microblading is a semi-permanent makeup application. Although microblading is effective in most cases, NO guarantee can be made that a specific client will benefit from the procedure, depth of color retention or retention at all.

This is the process of inserting pigment into the basal layer of the epidermis. It is a semi-permanent cosmetic procedure. The results of this procedure can vary greatly depending on skin texture, oiliness, scars, previous procedures, and your adherence to aftercare protocol. The amount of ink retention varies from person to person. How well your skin retains ink is an unknown. Everyone fades between 30 and 70%.

Any uneven pigmentation (missing strokes) or excessive fading will be addressed at the 4 to 6 week touch up (which is included in the cost of this procedure). The biggest risk with Microblading is infection of the skin. If there are any symptoms that your brows are not healing as described in your aftercare instructions, please notify FACEit! Skin Spa immediately.

At your 4 to 6 week touch up appointment, we will discuss shape, retention and color. If any adjustments or modifications need to be made we will do it at that time. I am committed to giving you the brows that you want. After your brows are completed, a simple yearly touch up (at half price) is all you need to maintain them. I look forward to taking care of all your brow needs.

Please initial and sign:

_____ I have read and completely understand all that is written above about my microblading procedure with FACEit! Skin Spa.

_____ I consent to my brow/eyeliner pictures being used on FACEit! Skin Spa's social media/ website/print as beautiful examples of the procedure.

Client Name _____ DOB _____

Signature _____ Date _____

FACEit! Skin Spa:

I, Belinda Huttman, have reviewed all of these signed documents for today's procedure.

Signature _____ Date _____



Microblading Consent Form

Please read and initial each

_____ I understand that a certain amount of discomfort is associated with this procedure and that swelling, redness and bruising may occur.

_____ I understand that Retin A, Renova, Alpha Hydroxy and Glycolic Acids must not be used on treated areas. This will alter the color and cause premature exfoliation of the pigment.

_____ I understand that this is a semi-permanent procedure and that successful color saturation can NOT be guaranteed due to skin typing, hidden scar tissue, previous permanent makeup or laser treatments.

_____ I will tell all skincare professionals or medical personnel about my permanent makeup procedures and especially if I am scheduled for an MRI.

_____ I accept the responsibility to explain to you by desire for specific colors, shape and position for any procedure done today prior to starting the procedure. I understand that when my outline box is drawn on, that is the time to make any changes. Once I accept the outline provided today, I am consenting to it.

_____ I understand that implanted pigment color can slightly change or fade over time due to circumstances beyond your control and I will need to maintain the color with future applications.

_____ I acknowledge that the proposed procedure(s) involve risks inherent in the procedure such as: infection, misplaced pigment, poor color retention and hyperpigmentation.

_____ I have been quoted the cost of today's appointment, been advised that a touch-up session is highly recommended to make any adjustments to shape, color and to fill any pigment that may have had poor retention.

I certify that I have read or have had read to me the contents of this form. I understand the risks and alternatives involved in this procedure. I understand that skin typing plays a large role in such a semi-permanent procedure, which is why retention is not guaranteed. I have had the opportunity to ask questions and all of my questions have been answered. I have reviewed FACEit! Skin Spa's work and I do acknowledge that there is a no-refund policy for the services I am receiving today. I acknowledge that I have reviewed and completely understand the material given to me and I authorize Belinda Huttman of FACEit! Skin Spa to perform on my face the microblading procedure desired today.

Name _____ DOB _____

Signature _____ Date _____



Microblading Aftercare

It is essential that you follow these instructions after your microblading session:

- After your blading procedure, an aftercare ointment will be applied to your brows.
- Wash your brows twice a day with antibacterial hand soap.
- Immediately after washing with antibacterial soap pat the skin dry and apply a small amount of aquafore (about the size of a kernel of rice).
- Follow this routine for 7 days unless otherwise instructed.
- NOTE: If you have oily skin: wash your skin twice daily with antibacterial hand soap and leave skin dry. No aquafore should be used.
- Keep out of the sun for 7 days.

The following must be avoided during the 7 days post-microblading procedure:

- Increased sweating and swimming
- Hot sauna, hot bath or Jacuzzi
- Sun tanning or salon tanning
- Any laser or chemical treatments/peels
- Scratching the micro pigmented area
- Drinking alcohol in excess as it may lead to slow healing of wounds
- Driving in open air vehicles such as convertibles, boats, bicycles or motorcycles.
- Do not wax your eyebrows for two weeks post treatment. Tweezing is ok 7 days out.

What to expect after your Microblading session:

- Your new temporary eyebrow will go through several phases during the healing cycle. The pigment will appear very sharp and dark immediately after the procedure. Expect changes and variations during the healing process. Strokes can appear fuzzy or disappear altogether. This is part of the healing process. Any missing strokes or excessive fading will be addressed at the 4-6 week touch up.
- Day 2 is sometimes difficult because your brows will appear darker. This is normal. Hang in there! The color of the pigment will soften gradually.
- If you start to scab, do not pick at it.
- Some minor flaking of the skin during the end of your first week may appear. Again, this is normal. No picking!
- Once completely healed and aftercare is completed, I advise applying a layer of sunscreen SPF 30+ on your eyebrows when exposed to the sun. Sun exposure might cause the color pigment to fade away more quickly.
- Last but not least, enjoy your new brows! Please be so kind as to leave a Facebook review on my business page, FACEit! Skin Spa and be sure to follow me on instagram.

Please feel free to contact me at any time during this process with questions or concerns.

Thank you for your business!

Belinda Huttman

FACEit! Skin Spa

386-804-5752

faceitskinspa@aol.com



Medical History Form

Please check YES or NO if you have or previously had any of the following:

YES NO

<input type="checkbox"/>	<input type="checkbox"/>	Tumors/Growths/Cysts
<input type="checkbox"/>	<input type="checkbox"/>	Cancer (Date: _____)
<input type="checkbox"/>	<input type="checkbox"/>	Chemotherapy/Radiation
<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis A B C D
<input type="checkbox"/>	<input type="checkbox"/>	Diabetes
<input type="checkbox"/>	<input type="checkbox"/>	Autoimmune disorder
<input type="checkbox"/>	<input type="checkbox"/>	Abnormal heart condition
<input type="checkbox"/>	<input type="checkbox"/>	Alcoholism
<input type="checkbox"/>	<input type="checkbox"/>	Anxiety
<input type="checkbox"/>	<input type="checkbox"/>	Pregnant Now
<input type="checkbox"/>	<input type="checkbox"/>	Breastfeeding Now
<input type="checkbox"/>	<input type="checkbox"/>	Tan by booth/sun (Frequency: _____)
<input type="checkbox"/>	<input type="checkbox"/>	Brow/Lash tinting (Last treatment: _____)
<input type="checkbox"/>	<input type="checkbox"/>	Chemical Peel (Last treatment: _____)
<input type="checkbox"/>	<input type="checkbox"/>	Acutane/acne treatment (Last treatment: _____)
<input type="checkbox"/>	<input type="checkbox"/>	Oily Skin
<input type="checkbox"/>	<input type="checkbox"/>	Facelift (Date: _____)
<input type="checkbox"/>	<input type="checkbox"/>	Easy bleeding
<input type="checkbox"/>	<input type="checkbox"/>	Forehead/Brow lift (Date: _____)
<input type="checkbox"/>	<input type="checkbox"/>	Botox (last treatment: _____/Location: _____)
<input type="checkbox"/>	<input type="checkbox"/>	History of MRSA
<input type="checkbox"/>	<input type="checkbox"/>	Resistance to numbing with dental work
<input type="checkbox"/>	<input type="checkbox"/>	Take medication before dental work
<input type="checkbox"/>	<input type="checkbox"/>	Taking blood thinners such as: Aspirin, Ibuprofen, Alcohol, Coumadin, etc)
<input type="checkbox"/>	<input type="checkbox"/>	Allergic reaction to any medications such as Lidocaine, Tetracaine, Epinephrine, Dermacaine, Benzyl Alcohol, Propylene Glycol, Vitamin E Acetate, Etc
<input type="checkbox"/>	<input type="checkbox"/>	Allergies to metals, food, etc _____
<input type="checkbox"/>	<input type="checkbox"/>	Any diseases or disorders not listed: _____
<input type="checkbox"/>	<input type="checkbox"/>	Do you use skincare products containing Retin-A, Glycolic Acid or Alpha Hydroxy? (Only applies if you are using near brows or on forehead)
<input type="checkbox"/>	<input type="checkbox"/>	Please list any medications you are taking: _____

Name _____ DOB _____

Signature _____ Date _____